

WEEKLY GROUP ACTIVITY SCHEDULE



	Monday	Tuesday	Wednesday	Thursday	Friday
8:30 AM					Senior Exercise
9:00 AM		Yoga		Yoga	
10:00 AM	Senior Exercise		Senior Exercise		
11:00 AM	Tai Chi		Tai Chi		
12:00 PM					
1:00 PM					
2:00 PM					
3:00 PM					
4:00 PM					
5:00 PM					
6:00 PM	Zumba				

